



CORNER BAKERY MENU NUTRITION INFORMATION

BREAKFAST SCRAMBLERS (for total nutrition, add side)*	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Anaheim Scrambler	500	38	11	0	13	3	4	27	555	670
American Scrambler w/ Bacon	400	30	10	0	3	0	2	29	565	950
American Scrambler w/ Sausage	400	21	6	0	9	0	6	41	645	1380
Garden Gate Scrambler - V	320	22	8	0	6	< 1	4	23	550	820
Garden Gate Scrambler w/ Sausage	390	24	8	0	9	< 1	6	32	590	1210
*All Scramblers are GC excluding sides										
BREAKFAST SIDES (subtract/add to customize)	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Bacon (3 slices) - GC	160	14	4	0	0	0	0	10	30	520
Breakfast Potatoes - VG, GC	110	4	0.5	0	17	2	1	2	0	390
Chicken Apple Sausage (2 ea)	160	5	0	0	6	0	4	22	110	960
Eggs - V, GC	110	7	3	0	1	0	1	9	255	210
Harvest Toast - V	190	5	1.5	0	30	2	6	6	5	240
Pancakes (w/ Butter only) (2 ea) - V	330	16	4.5	0	38	0	9	6	55	900
Salsa - VG, GC	5	0	0	0	1	0	0	1	0	15
Seasonal Fruit Medley - VG, GC	45	0	0	0	12	1	10	1	0	10
*Vanilla Syrup - VG, GC	190	0	0	0	47	0	46	0	0	0
BREAKFAST BOWLS (Add toast separately)	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Bacon Breakfast Bowl	380	30	8	0	13	3	3	18	275	400
Power Breakfast Bowl - V	450	30	9	0	19	6	6	26	525	580
*Harvest Toast (add for full nutritional) - V	190	5	1.5	0	30	2	6	6	5	240
BREAKFAST SANDWICHES	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Anaheim Panini	610	30	13	0	54	4	2	29	305	1130
Bacon Panini	660	35	14	0	51	2	1	35	320	1500
Sausage Panini	660	25	10	0	57	2	5	47	400	1930
BELT on Mom's White Bread	960	70	19	0.5	49	3	8	345	36	1980
Bacon & Egg Croissant	800	52	25	0	50	3	12	36	380	1200
Ham & Swiss Croissant w/ Hot Honey	630	36	20	0	48	1	7	31	140	990
Ham, Egg & Swiss Croissant w/ Hot Honey	740	44	23	0	50	1	8	40	390	1190
Turkey & Swiss Croissant w/ Hot Honey	630	36	20	0	48	1	7	34	140	900
Turkey, Egg & Swiss Croissant w/ Hot Honey	740	43	22	0	50	1	8	43	390	1100
Sausage & Egg Croissant	790	44	21	0	50	1	12	47	460	1780
BREAKFAST WRAPS	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Avocado Wrap	680	35	14	0	58	5	1	28	300	1620
Bacon Wrap	750	39	16	0	59	4	4	34	320	2130
Sausage Wrap	700	31	13	0	61	4	5	37	345	2170
*Salsa - VG, GC	5	0	0	0	1	1	0	1	0	15
PANCAKES & FRENCH TOAST (include butter & syrup)	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Pancakes (4 stack) - V	850	33	9	0	122	0	64	13	115	1800
Pancakes w/ Bacon (4 stack) - V	1010	47	13	0	122	0	64	23	145	2320
Pancakes w/ Sausage (4 stack) - V	1010	38	9	0	128	0	68	35	225	2760
Pancake Combo w/ Bacon & Eggs (4 stack) - V	1120	54	16	0	124	0	65	32	395	2530
Pancake Combo w/ Sausage & Eggs (4 stack) - V	1120	45	12	0	130	0	69	44	475	2960

Cinnamon Roll French Toast - V	840	23	10	0	150	3	92	9	22	480
* Vanilla Syrup - VG, GC	190	0	0	0	47	0	46	0	0	0
FRUIT & GRAINS (Sweet Crisp listed separately)	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Fresh Berry & Yogurt Parfait with Nutty Granola -V, GC*	370	13	2	0	46	6	27	9	5	105
Honey Banana Yogurt Parfait with Nutty Granola -V, GC*	460	12	1	0	80	6	50	5	18	75
Berry Almond Swiss Oatmeal - V, GC*	550	12	1	0	95	13	46	5	22	55
Swiss Oatmeal - V, GC*	410	4.5	0.5	0	80	8	38	5	17	55
Steel Cut Oatmeal (No Toppings) - VG, GC*	160	2.5	0.5	0	29	4	1	5	0	150
Steel Cut Oatmeal w/ All Toppings - VG, GC*	350	11	1.5	0	57	6	26	8	0	150
Oatmeal Toppings										
Toasted Almonds - VG, GC	45	4	0	0	2	< 1	0	2	0	0
Brown Sugar - VG, GC	45	0	0	0	11	0	11	0	0	0
Dried Cranberries - VG, GC	35	0	0	0	9	< 1	8	0	0	0
Dried Currants - VG, GC	20	0	0	0	5	0	5	0	0	0
Walnuts - VG, GC	60	6	0.5	0	1	< 1	0	1	0	0
*Sweet Crisp (add for total nutritionals) - V	120	4.5	1.5	0	20	1	10	5	2	105
BAGELS / MUFFINS / SWEET BREADS	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Bagels and Spreads (add/sutract spread as needed)										
Cinnamon Raisin Bagel - VG	330	1	0	0	70	2	10	11	0	400
Everything Bagel - VG	330	2	0	0	67	2	7	11	0	790
Plain Bagel - VG	320	1	0	0	68	2	6	11	0	410
Sesame Bagel - VG	340	2.5	0	0	69	2	6	11	0	420
*Cream Cheese - V	70	7	4	0	2	0	0	2	15	115
*Peanut Butter - VG	180	15	3	0	8	2	2	7	0	130
*Whipped Butter (2) - V	140	16	9	0	0	0	0	0	40	120
Muffins										
Banana Muffin - V	480	24	5	0	62	2	36	6	50	370
Blueberry Muffin - V	620	34	9	0	72	2	36	7	60	600
Chocolate Muffin - V	670	39	10	0	75	2	39	7	70	680
Chunky Monkey Muffin - V	450	27	6	0	50	3	30	6	35	250
Cinnamon Crumb Muffin - V	670	33	11	0	88	2	53	8	100	570
Cranberry Orange Muffin - V	420	18	3	0	62	1	38	4	205	360
Pumpkin Muffin- V	450	28	18	0	68	1	43	4	55	370
Sweet Breads										
Cinnamon Roll- V	680	23	10	0	111	3	54	9	20	480
Caramel Nut Cinnamon Roll - V	840	31	11	0	131	4	54	10	26	550
Chocolate Croissant - V	300	16	10	0	50	3	10	7	70	290
Plain Croissant - V	390	21	12	0	42	< 1	6	9	70	360
Sweet Crisp - V	120	4.5	1.5	0	20	1	10	2	5	105
FRESH SALADS (salad nutrition includes dressing)	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Berry Pecan Salad (entree) - VG	730	42	9	0	46	8	41	35	90	1490
Berry Pecan Salad (cafe) - VG	390	23	4.5	0	24	4	22	17	45	790
Caesar Salad (entree)	580	49	10	0	21	4	2	16	55	1050
Caesar Salad (cafe)	330	29	5	0	11	2	1	8	30	590
Chicken Caesar Salad (entree)	690	50	10	0	22	4	3	39	110	1560
Chicken Caesar Salad (cafe)	390	30	5	0	11	2	2	20	60	840
Chopped Salad (entree) - GC	780	58	12	0	27	8	11	40	100	1950
Chopped Salad (cafe) - GC	430	33	6	0	15	4	7	20	50	1040
Greens & Grains Salad (entree) - V	700	34	3.5	0	71	12	34	18	180	1190
Greens & Grains Salad (cafe) - V	410	21	2.5	0	37	6	19	12	180	670
Greens & Grains Salad w/ Chicken (entree)	810	35	3.5	0	73	12	35	41	235	1700
Greens & Grains Salad w/ Chicken (cafe)	460	21	2.5	0	38	6	19	24	210	930

Harvest Salad (entree)	850	49	10	0	60	9	44	38	100	1610
Harvest Salad (cafe)	450	27	5	0	30	5	23	19	50	860
Mixed Green Salad (entree) - VG	480	41	3	0	26	3	9	5	0	820
Mixed Greens Salad (cafe) - VG	280	25	2	0	14	1	6	2	0	480
Mixed Green Salad w/ Chicken (entree)	590	42	3	0	28	3	10	27	55	1330
Mixed Greens Salad w/ Chicken (cafe)	340	25	2	0	15	1	6	14	30	730
Trio Salad - Tuna / DC Chicken Salad / Fruit - GC	700	52	7	1	28	4	21	31	75	1150
Trio Salad - Tuna / DC Chicken Salad / Caesar Salad side	870	71	11	1	20	4	10	37	100	1540
Trio Salad - Tuna / DC Chicken Salad / Mixed Greens side	830	68	8	1	24	4	14	32	75	1450
Turkey Cobb Salad (entree) - GC	680	48	13	0	18	7	7	47	295	2040
Turkey Cobb Salad (cafe) - GC	400	30	8	0	10	4	4	27	240	1100
*Sub Shrimp on salad (entree size)	80	2	0	0	1	0	0	16	120	360
*Sub Shrimp on salad (cafe size)	50	1	0	0	0	0	0	10	75	220
*Side Bread (add for the total nutritionals) -V	130	2	0	0	23	4.8	2	4	0	220
Salad Dressings (entree/cafe size) - subtract to customize										
Avocado Ranch (Turkey Cobb) - V, GC	210/130	21/13	3.5/2	0	3/2	0	2/1	1/1	10/5	290/190
Balsamic Vinaigrette (Harvest) - VG, GC	200/130	18/11	1.5/1	0	2/1	0	9/6	0	0	400/250
Caesar (Caesar) - GC	330/210	36/22	4.5/3	0	2/1	0	0	3/2	30/20	500/310
Honey Balsamic Vinaigrette (Greens & Grains) - V, GC	220/130	16/10	1/0.5	0	12/7	0	16/10	0	0	350/220
House (Chopped, Mixed Greens) - VG	340/210	36/22	3/2	0	8/5	0	7/4	0	0	550/340
Strawberry Vinaigrette (Berry Pecan) - VG, GC	220/140	17/11	1/<1	0	10/6	0	16/10	0	0	380/240
SIDE SALADS (salad nutrition includes dressing)	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Caesar Salad (side)	240	22	4.5	0	6	1	1	6	25	440
Mixed Green Salad (side) - VG	210	19	1.5	0	10	1	5	2	0	350
Salad Dressings (side) - subtract to customize										
Caesar Dressing (Caesar)	170	18	2.5	0	1	0	0	2	15	250
House Dressing (Mixed Green) - VG	170	18	1.5	0	4	0	4	0	0	270
Additional Salad Sides										
Side Berries - VG, GC	50	0	0	0	13	3	8	1	0	0
Side Fruit - VG, GC	70	0	0	0	18	2	15	1	0	15
Side Grains - V	200	8	1	0	27	4	5	4	0	110
Side DC Chicken Salad	350	30	4	0	13	2	9	12	30	450
Side Tuna Salad	270	21	3	0	1	< 1	1	18	40	640
SOUPS & CHILI (nutrition does not include bread)	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Baked Potato Soup (cup)	400	27	15	0.5	30	3	4	13	90	75
Baked Potato Soup (bowl)	620	41	23	1	45	4	7	20	140	150
Broccoli Cheddar Soup (cup) - V	300	21	12	0.5	18	1	5	10	70	1100
Broccoli Cheddar Soup (bowl) - V	450	31	17	1	27	2	8	15	105	1630
Chicken Noodle Soup (cup)	140	3.5	1	0	16	1	2	9	20	970
Chicken Noodle Soup (bowl)	210	6	2	0	24	2	4	13	30	1460
Tomato Basil Soup w/ Croutons (cup) - V	140	4	0	0	24	4	11	3	0	1070
Tomato Basil Soup w/ Croutons (bowl) - V	210	6	0	0	37	6	17	5	0	1610
Cheesy Chicken Enchilada Soup w/ Tortilla Strips (cup)	280	11	4.5	0	30	3	3	16	50	1100
Cheesy Chicken Enchilada Soup w/ Tortilla Strips (bowl)	430	17	7	0	46	5	4	23	70	1670
Coconut Lentil Soup (cup) - VG, GC	260	6	3.5	0	38	11	3	14	0	1150
Coconut Lentil Soup (bowl) - VG, GC	380	9	5	0	56	16	4	20	0	1630
Beef Chili w/ Cheddar Cheese (cup)	360	18	7	0	26	7	4	23	65	1110
Beef Chili w/ Cheddar Cheese (bowl)	540	28	12	0	37	9	6	35	100	1630
*Side Bread (add for total nutritionals) - V	130	2	0	0	23	5	2	4	0	220
PASTA DISHES (nutrition does not include bread)	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Bacon Tomato Mac & Cheese (entree)	940	40	21	0	113	5	12	36	110	2250
Bacon Tomato Mac & Cheese (cafe)	580	26	14	0	66	3	7	22	70	1490

Cavatappi Marinara (entree) - V	610	11	4	0	106	7	11	26	20	840
Cavatappi Marinara (cafe) - V	330	5	2	0	58	4	6	14	10	420
Chicken Carbonara (entree)	1130	47	26	1	113	7	9	62	185	1480
Chicken Carbonara (cafe)	650	29	16	0.5	64	4	5	33	110	820
Chicken Rosa Pasta (entree)	1320	66	25	0.5	126	9	12	59	135	2560
Chicken Rosa Pasta (cafe)	670	33	12	0	66	5	6	30	65	1300
Mac & Cheese (entree) - V	890	36	20	0	112	5	11	32	100	2110
Mac & Cheese (cafe) - V	550	24	13	0	65	3	7	20	65	1420
Pesto Cavatappi Pasta w/ Chicken (entree)	1120	51	22	1	116	6	10	52	165	1310
Pesto Cavatappi Pasta w/ Chicken (cafe)	620	31	14	0.5	60	3	6	27	100	740
Shrimp Scampi Linguini (entree)	1080	54	20	0	101	7	3	46	165	1530
Shrimp Scampi Linguini (cafe)	570	27	10	0	56	4	2	24	85	770
*Garlic Bread (add for total nutritionals) - V	150	6	2.5	0	19	< 1	0	3	0	320

SANDWICHES (Add Bakery Chips for full nutritionals)	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
BBLT on Mom's White w/ Balsamic Aioli	870	65	17	0.5	47	1	7	36	345	1920
Chicken Pesto on Ciabatta Ficelle w/ Pesto Aioli	760	31	4	0	82	4	5	36	65	1740
DC Chicken Salad on Croissant	730	47	15	0	56	4	16	21	100	890
Ham on Pretzel w/ Apples & Hot Honey (horseradish dijonnaise)	690	25	9	0	76	3	7	40	95	2100
Mom's Chicken on Harvest (No Cheese/Mayo/Must)	440	9	3	0	57	5	10	33	65	1110
Mom's Ham on Harvest (No Cheese/Mayo/Must)	450	11	4	0	58	5	11	31	70	1690
Mom's Turkey on Harvest (No Cheese/Mayo/Must)	450	10	3	0	58	5	11	37	70	1510
Mom's Chicken on White (No Cheese/Mayo/Must)	380	8	4	0	47	3	6	29	75	1030
Mom's Ham on White (No Cheese/Mayo/Must)	390	10	5	0	48	3	7	27	80	1610
Mom's Turkey on White (No Cheese/Mayo/Must)	390	9	4	0	48	3	7	33	80	1430
Roast Beef & Bleu on Dutch Crunch	840	33	5	0	101	20	10	40	70	2150
Tomato Mozzarella on Ciabatta Ficelle w/ Balsamic Vinaigrette - V	660	22	9	0	84	4	7	30	60	1480
Tuna Salad on Harvest	620	30	6	0	58	5	10	30	55	1280
Turkey on Pretzel w/ Apple & Hot Honey (horseradish dijonnaise)	690	24	8	0	76	3	7	46	95	1910
Uptown Turkey Avocado on Harvest	820	47	10	0	62	7	12	45	100	2030
*Bakery Chips - VG	150	9	1.5	0	17	1	< 1	0	0	90

PANINIS	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Club Panini	1040	57	23	0	74	3	3	57	165	2950
Chicken Pomodori Panini	920	44	20	0	78	4	4	46	115	2120
Green Chile Chicken Panini	770	34	17	0	68	1	4	42	130	1970
Grilled Cheese w/ Tomato Soup Dipper - V	790	51	29	0	53	3	9	35	145	1790
Grilled Cheese Bacon & Tomato w/ Tomato Soup Dipper	900	60	31	0	54	4	9	42	165	2140
Rustic Italian Panini	1090	59	25	0.5	80	5	5	56	175	3750

BROWNIES & BARS	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Cream Cheese Brownie - V	570	36	20	1	55	3	40	9	175	400
Fudge Brownie	600	31	18	0.5	78	5	54	9	140	190
Lemon Bar - V	660	30	17	1	93	1	65	6	150	450
Maple Pecan Bar - V	630	28	11	0	90	2	54	5	80	480

COOKIES	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Chocolate Chip Cookie - V	240	10	5	0	35	2	22	3	15	160
Monster Cookie - V	300	13	7	0	44	2	30	4	20	170
Oatmeal Raisin Cookie - V	230	8	3.5	0	37	2	22	3	15	180
Snickerdoodle Cookie - V	280	9	3.5	0	49	< 1	32	3	25	200
Sugar Cookie - V	230	9	3.5	0	35	< 1	18	3	25	200
Toffee Cookie - V	250	12	6	0	33	1	21	3	20	180

BUNDTTS & CAKES	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
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Baby Chocolate Bundt Cake - V	580	32	8	0	70	2	45	5	55	470
Baby Chunky Monkey Bundt Cake - V	450	27	6	0	51	3	31	6	35	250
Baby Cranberry Orange Bundt Cake - V	440	16	2.5	0	73	1	51	4	170	310
Baby Lemon Bundt Cake- V	540	24	5	0	76	1	51	6	90	400
Baby Maple Pecan Bundt Cake - V	580	29	16	0	94	2	70	4	50	310
Cinnamon Cream Cake (slice) - V	800	38	14	0	107	4	64	9	105	690
COLD BEVERAGES	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Lemonade	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz
Dragon Fruit Arnold Palmer	120 / 180	0	0	0	30 / 45	0	29 / 44	0	0	0
Dragon Fruit Iced Tea	50 / 80	0	0	0	12 / 17	0	12/ 17	0	0	0
Dragon Fruit Lemonade	190 / 290	0	0	0	49 / 73	0	47 / 70	0	0	0
Strawberry Lemonade	180 / 250	0	0	0	47 / 65	0	45 / 62	0	0	0
Soda	20oz / 30oz	20oz / 30oz	20oz / 30oz	20oz / 30oz	20oz / 30oz	20oz / 30oz	20oz / 30oz	20oz / 30oz	20oz / 30oz	20oz / 30oz
Coca Cola	200 / 300	0	0	0	56 / 84	0	56 / 84	0	0	10 / 20
Cherry Coca Cola	210 / 310	0	0	0	54 / 81	0	54 / 81	0	0	10 / 10
Diet Coca Cola	0	0	0	0	0	0	0	0	0	20 / 30
Diet Coca Cola Caffeine Free	0	0	0	0	0	0	0	0	0	20 / 30
Coca Cola Zero	0	0	0	0	0	0	0	0	0	55 / 85
Fanta	220 / 340	0	0	0	60 / 90	0	60 / 90	0	0	15 / 25
Sprite	200 / 290	0	0	0	52 / 78	0	52 / 78	0	0	45 / 65
Dr. Pepper	200 / 300	0	0	0	54 / 81	0	54 / 81	0	0	70 / 105
Diet Dr. Pepper	0	0	0	0	0	0	0	0	0	70 / 105
IBC Root Beer - Bottle (12oz)	160	0	0	0	0	0	0	0	0	140
Vitamin Water XXX Acai Blueberry Pomegranate	100 / 150	0	0	0	26 / 39	0	26 /39	0	0	0
HOT COFFEE BEVERAGES	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Brewed Hot Coffee (regular and decaf)	12z /16z /20z	12z /16z /20z	12z /16z /20z	12z /16z /20z	12z /16z /20z	12z /16z /20z	12z /16z /20z	12z /16z /20z	12z /16z /20z	12z /16z /20z
Brewed Coffee	0	0	0	0	0	0	0	0	0	0
Americano	0	0	0	0	0	0	0	0	0	0
Hot Coffee Drinks (no whipped cream)	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim
12oz. Cappuccino	100 / 60	5 / 0	3 / 0	0	8 / 9	0	9 / 9	5 / 5	15 / 0	70 / 90
16oz. Cappuccino	140 / 90	7 / 0	4 / 0	0	11 / 12	0	13 / 12	7 / 8	20 / 0	100 / 125
20oz. Cappuccino	190 / 120	10 / 0	6 / 0	0	15 / 17	0	17 / 17	10 / 11	30 / 5	135 / 180
12oz. Latte	190 / 120	10 / 0	6 / 0	0	15 / 16	0	17 / 16	10 / 11	30 / 5	130 / 170
16oz. Latte	250 / 160	13 / 0	8 / 0	0	19 / 22	0	22 / 22	13 / 14	40 / 10	170 / 230
20oz. Latte	300 / 190	16 / 0	9 / 0	0	23 / 26	0	27 / 26	16 / 17	50 / 10	210 / 280
12oz. Caramel Latte	380 / 320	11 / 2	7 / 1	0	61 / 63	0	45 / 44	10 / 11	10 / 10	210 / 210
16oz. Caramel Latte	490 / 410	13 / 2	8 / 1	0	81 / 84	0	57 / 57	12 / 13	40 / 15	220 / 260
20oz. Caramel Latte	650 / 540	17 / 3	10 / 2	0	108 / 111	0	76 / 76	16 / 17	55 / 20	280 / 340
12oz. Chai Tea Latte	200 / 130	11 / 0	6 / 0	0	15 / 17	0	18 / 17	11 / 12	35 / 10	135 / 180
16oz. Chai Tea Latte	270 / 170	15 / 0	8 / 0	0	20 / 23	0	24 / 23	15 / 16	45 / 10	180 / 240
20oz. Chai Tea Latte	340 / 210	18 / 0	11 / 0	0	25 / 29	0	29 / 29	18 / 20	55 / 10	230 / 300
12oz. Hazelnut Latte	240 / 320	9 / 2	5 / 1	0	28 / 63	0	45 / 44	10 / 11	10 / 10	210 / 210
16oz. Hazelnut Latte	490 / 410	13 / 2	8 / 1	0	81 / 84	0	57 / 57	12 / 13	40 / 15	220 / 260
20oz. Hazelnut Latte	650 / 540	17 / 3	10 / 2	0	108 / 111	0	76 / 76	16 / 17	55 / 20	280 / 340
12oz. Truffle Mocha Latte	300 / 220	10 / 1	6 / 0.5	0	45 / 46	1 / 1	41 / 42	10 / 11	30 / 5	220 / 220
16oz. Truffle Mocha Latte	410 / 320	12 / 1	7 / 1	0	68 / 69	2 / 2	61 / 62	13 / 14	35 / 5	300 / 300
20oz. Truffle Mocha Latte	560 / 430	16 / 1.5	9 / 1	0	93 / 94	2 / 2	83 / 84	17 / 18	45 / 10	400 / 390
12oz. Vanilla Latte	240 / 160	9 / 0	5 / 0	0	29 / 30	0	29 / 29	9 / 10	30 / 5	125 / 125
16oz. Vanilla Latte	280 / 180	12 / 0	7 / 0	0	32 / 33	0	32 / 33	11 / 12	35 / 5	150 / 150
20oz. Vanilla Latte	340 / 220	15 / 0	9 / 0	0	36 / 37	0	36 / 378	14 / 13	45 / 10	200 / 200
Hot Chocolate	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim
12oz. Truffle Hot Chocolate w/ Whipped Cream	350 / 280	17 / 7	10 / 4	0	50 / 51	1 / 1	47 / 47	12 / 13	55 / 30	190 / 230
16oz. Truffle Hot Chocolate w/ Whipped Cream	480 / 390	21 / 7	12 / 4	0	75 / 78	2 / 2	72 / 71	16 / 17	65 / 30	250 / 300

PANCAKES & FRENCH TOAST (includes butter & syrup)	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Pancakes (2 or 4 stack)	X		X				X		X
Pancakes w/ Bacon (4 stack)	X		X				X		X
Pancakes w/ Sausage (4 stack)	X		X				X		X
Pancake Combo w/ Bacon & Eggs (4 stack)	X		X				X		X
Pancake Combo w/ Sausage & Eggs (4 stack)	X		X				X		X
Cinnamon Roll French Toast	X		X		X		X	X	X
*Vanilla Syrup									
FRUIT & GRAINS (Oatmeal does not include Sweet Crisp)	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Fresh Berry & Yogurt Parfait w/ Nutty Granola			X					X	X
Honey Banana Yogurt Parfait w/ Nutty Granola			X					X	X
Berry Almond Swiss Oatmeal			X					X	X
Swiss Oatmeal			X						X
Steel Cut Oatmeal (No Toppings)			X						X
Oatmeal Toppings									
Toasted Almonds								X	
Brown Sugar									
Dried Cranberries									
Dried Currants									
Walnuts								X	
*Sweet Crisp			X				X	X	X
BAGELS / MUFFINS / SWEET BREADS	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Bagels and Spreads									
Cinnamon Raisin Bagel							X		X
Everything Bagel							X		X
Plain Bagel							X		X
Sesame Bagel					X		X		X
*Cream Cheese			X						
*Peanut Butter				X					
*Whipped Butter			X						
Muffins									
Banana Muffin	X		X				X		X
Blueberry Muffin	X		X				X		X
Chocolate Muffin	X		X				X		X
Chunky Monkey Muffin	X		X				X	X	X
Cinnamon Crumb Muffin	X		X				X		X
Cranberry Orange Muffin	X						X		X
Pumpkin Muffin	X		X				X		X
Sweet Breads									
Cinnamon Roll	X		X		X		X	X	X
Caramel Nut Cinnamon Roll	X		X		X		X	X	X
Chocolate Croissant	X		X				X		X
Plain Croissant	X		X		X		X	X	X
Sweet Crisp			X					X	X

FRESH SALADS (allergens reflect café and entrée salads w/ dressing)	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Berry Pecan Salad			X					X	
Caesar Salad	X	X	X				X		X
Chicken Caesar Salad	X	X	X				X		X
Chopped Salad			X						
Greens & Grains Salad	X								X
Greens & Grains Salad w/ Chicken	X								X
Harvest Salad			X				X	X	X
Mixed Green Salad							X		X
Mixed Green Salad w/ Chicken							X		X
Trio Salad - Tuna / DC Chicken Salad / Fruit	X	X	X				X	X	X
Trio Salad - Tuna / DC Chicken Salad / Caesar Salad side	X	X	X				X	X	X
Trio Salad - Tuna / DC Chicken Salad / Mixed Greens side	X	X					X	X	X
Turkey Cobb Salad	X		X				X		X
*Sub Shrimp on Salad						X			
*Side Bread			X						X
Salad Dressings									
Avocado Ranch (Turkey Cobb)	X		X				X		
Balsamic Vinaigrette (Harvest)									
Caesar (Caesar)	X	X	X						
Honey Balsamic Vinaigrette (Greens & Grains)									
House (Chopped, Mixed Greens)									
Strawberry Vinaigrette (Berry Pecan)									
SIDE SALADS	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Caesar Salad	X	X	X				X		X
Mixed Green Salad							X		X
Side Berries									
Side Mixed Fruit									
Side Grains									X
Side DC Chicken Salad	X						X	X	
Side Tuna Salad	X	X					X		
SOUPS & CHILI (allergens reflect cup and bowl size soups)	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Baked Potato Soup			X						X
Broccoli Cheddar Soup			X						X
Cheesy Chicken Enchilada Soup w/ Tortilla Strips			X						
Chicken Noodle Soup	X								X
Coconut Lentil Soup								X	
Tomato Basil Soup w/ Croutons							X		X
Beef Chili w/ Cheddar Cheese			X						
*Side Bread			X						X
PASTA DISHES (pasta nutrition does not include bread)	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Bacon Tomato Mac & Cheese (entree)			X				X		X
Cavatappi Marinara (cafe)			X				X		X
Chicken Carbonara (entree)			X						X

Chicken Rosa Pasta (cafe)			X				X		X
Mac & Cheese (entree)			X				X		X
Pesto Cavatappi Pasta w/ Chicken			X					X	X
Shrimp Scampi Linguini (entree)			X			X	X		X
*Garlic Bread			X				X		X
SANDWICHES (Bakery Chips listed separately)	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
BBLT on Mom's White w/ Balsamic Aioli	X		X				X		X
Chicken Pesto on Ciabatta Ficelle w/ Pesto Aioli	X		X				X	X	X
DC Chicken Salad on Croissant	X		X		X		X	X	X
Ham on Pretzel w/ Apples & Hot Honey (horseradish dijonnaise)	X		X						
Mom's Chicken on Harvest (No Cheese/Mayo/Must)			X				X		X
Mom's Ham on Harvest (No Cheese/Mayo/Must)			X				X		X
Mom's Turkey on Harvest (No Cheese/Mayo/Must)			X				X		X
Mom's Chicken on White (No Cheese/Mayo/Must)	X		X				X		X
Mom's Ham on White (No Cheese/Mayo/Must)	X		X				X		X
Mom's Turkey on White (No Cheese/Mayo/Must)	X		X				X		X
Roast Beef & Bleu on Dutch Crunch	X		X				X		X
Tomato Mozzarella on Ciabatta Ficelle w/ Balsamic Vinaigrette			X				X		X
Tuna Salad on Harvest Bread	X	X	X				X		X
Turkey on Pretzel w/ Apple & Hot Honey (horseradish dijonnaise)	X		X				X		X
Uptown Turkey Avocado on Harvest	X		X				X		X
*Add Sliced Avocado to any sandwich									
*Bakery Chips									
PANINIS	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Club Panini	X		X				X		X
Chicken Pomodori Panini	X		X				X		X
Grilled Cheese Panini	X		X				X		X
Green Chile Chicken Panini	X		X				X		X
Grilled Cheese w/ Tomato Dipper	X		X				X		X
Grilled Cheese Bacon & Tomato w/ Tomato Soup Dipper	X		X				X		X
Rustic Italian Panini	X		X				X		X
BROWNIES & BARS	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Cream Cheese Brownie	X		X				X		X
Fudge Brownie	X		X				X		X
Lemon Bar	X		X				X		X
Maple Pecan Bar	X		X				X	X	X
COOKIES (allergens will be the same for regular and mini size cookies)	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Chocolate Chip Cookie	X		X				X		X
Monster Cookie	X		X				X		X
Oatmeal Raisin Cookie	X		X				X		X
Snickerdoodle Cookie	X		X				X		X
Sugar Cookie	X		X				X		X
Toffee Cookie	X		X				X	X	X
BUNDTS & CAKES	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat

Chocolate Bundt Cake	X		X				X		X
Chunky Monkey	X		X				X	X	X
Cranberry Orange Bundt Cake	X						X		X
Lemon Bundt Cake	X		X				X		X
Maple Pecan Bundt Cake	X		X				X	X	X
Cinnamon Cream Cake	X		X				X		X
HOT COFFEE BEVERAGES*	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Brewed Hot Coffee (regular and decaf)									
Brewed Coffee									
Americano									
Hot Coffee Drinks (NO whipped cream)									
Cappuccino			X						
Latte			X						
Caramel Latte			X						
Chai Tea Latte			X						
Hazelnut Latte			X					X	
Truffle Mocha			X						
Vanilla Latte			X						
Hot Chocolate									
Truffle Hot Chocolate w/ Whipped Cream			X						
*Whipped Cream			X						
Syrups/Sauces									
Vanilla Syrup									
Vanilla Sugar-free Syrup									
Hazelnut Syrup			X					X	
Caramel Sauce			X						
Chocolate Sauce									
COLD COFFEE BEVERAGES*	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Brewed Cold Coffee (regular and decaf)									
Black Cold Brew Coffee									
Iced Americano									
Cold Coffee Drinks (NO whipped cream)									
Iced Coffee			X						
Iced Latte			X						
Iced Caramel Latte			X						
Iced Chai Tea Latte			X						
Iced Hazelnut Latte			X					X	
Iced Truffle Mocha			X						
Iced Vanilla Latte			X						
Vanilla Sweet Cream Cold Brew Coffee			X						
Syrups/Sauces (add to customize Coffee Drinks)									
Hazelnut Syrup			X					X	
Vanilla Syrup			X						
Vanilla Sugar-free Syrup			X						

Caramel Sauce			X						
Chocolate Sauce			X						
Customize Coffee Drinks									
Skim Milk			X						
Whole Milk			X						
Almond Milk								X	
Oat Milk (<i>may contain gluten</i>)									
Soy Milk							X		
Cold Foam (Add)			X						
Whipped Cream (Add)			X						

Corner Bakery Cafe-valid through Aug 1, 2025

All Corner Bakery Cafe allergen information is based on our current recipes and food supplier ingredient statements for the nine most common allergens identified by the U.S. Food and Drug Administration (eggs, dairy, wheat, soy, sesame seed, peanuts, tree nuts, fish, and shellfish) so our guests with food allergies can make informed food selections. Please be aware that our food items share common cooking and preparation surfaces, equipment, and utensils. While every effort will be made to minimize your risk, food ingredients can come into contact during meal preparation, including with allergens. In addition, several of our food items may not contain a particular allergen ingredient, however may be manufactured in facilities and on shared equipment with foods containing varied allergens, including peanuts and tree nuts. As a result, we are unable to guarantee that any menu item is free of a specific allergen. Additionally, please be aware that our menu items cannot be guaranteed gluten-free and are not vegan-certified. This listing is continuously updated in an attempt to reflect the current status of our products.*This information is correct as of April 22, 2025 and is valid through August 2025, unless otherwise stated.

20oz. Truffle Hot Chocolate w/ Whipped Cream	610 / 490	24 / 7	14 / 4	0	100 / 103	2 / 2	95 / 94	20 / 21	75 / 30	300 / 370
*Whipped Cream (subtract to customize)	90	6	3	0	6	0	3	0	25	0
COLD COFFEE BEVERAGES	Calories	Total Fat	Sat Fat	Trans Fat	Carbs	Fiber	Sugar	Protein	Cholesterol	Sodium
Brewed Cold Coffee (regular and decaf)	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz
Black Cold Brew Coffee	< 5 / 5	0	0	0	< 1 / 1	0	0	0	0	0
Iced Americano	0	0	0	0	0	0	0	0	0	0
Cold Coffee Drinks	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim	Whole/Skim
Iced Coffee	0	0	0	0	0	0	0	0	0	0
16oz. Iced Latte	190 / 120	10 / 0	6 / 0	0	15 / 16	0	17 / 16	10 / 11	30 / 5	130 / 170
24oz. Iced Latte	300 / 190	16 / 0	9 / 0	0	23 / 26	0	27 / 26	16 / 17	50 / 10	210 / 280
16oz. Iced Caramel Latte	380 / 320	11 / 2	7 / 1	0	61 / 63	0	45 / 44	10 / 11	10 / 10	210 / 210
24oz. Iced Caramel Latte	650 / 540	17 / 3	10 / 2	0	108 / 111	0	76 / 76	16 / 17	55 / 20	280 / 340
16oz. Iced Chai Tea Latte	200 / 130	11 / 0	6 / 0	0	15 / 17	0	18 / 17	11 / 12	35 / 10	135 / 180
24oz. Iced Chai Tea Latte	340 / 210	18 / 0	11 / 0	0	25 / 29	0	29 / 29	18 / 20	55 / 10	230 / 300
16oz. Iced Hazelnut Latte	380 / 320	11 / 2	7 / 1	0	61 / 63	0	45 / 44	10 / 11	10 / 10	210 / 210
24oz. Iced Hazelnut Latte	650 / 540	17 / 3	10 / 2	0	108 / 111	0	76 / 76	16 / 17	55 / 20	280 / 340
16oz. Truffle Mocha Latte	490 / 410	13 / 2	8 / 1	0	81 / 84	0	57 / 57	12 / 13	40 / 15	220 / 260
24oz. Truffle Mocha Latte	650 / 540	17 / 3	10 / 2	0	108 / 111	0	76 / 76	16 / 17	55 / 20	280 / 340
16oz. Iced Vanilla Latte	240 / 160	9 / 0	5 / 0	0	29 / 30	0	29 / 29	9 / 10	30 / 5	125 / 125
24oz. Iced Vanilla Latte	340 / 220	15 / 0	9 / 0	0	36 / 37	0	36 / 378	14 / 13	45 / 10	200 / 200
Vanilla Sweet Cream Cold Brew Coffee	120 / 180	4.5 / 7	3 / 4.5	0	16 / 25	0	16 / 24	3 / 4	20 / 30	40 / 60
Syrups/Sauces (add to customize Coffee Drinks)	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz	16oz / 24oz
Hazelnut Syrup	40 / 60	0	0	0	10 / 14	0	10 / 14	0	0	0
Vanilla Syrup	40 / 60	0	0	0	10 / 15	0	10 / 15	0	0	0
Vanilla Sugar-free Syrup	0	0	0	0	0	0	0	0	0	0
Caramel Sauce	120 / 180	0.5 / 1	0	0	29 / 44	0	22 / 32	0	0 / 5	115 / 170
Chocolate Sauce	90 / 140	0 / 0.5	0	0	23 / 35	1 / 2	21 / 32	1 / 1	0	80 / 120
Customize Coffee Drinks	12z / 16z / 20z	12z / 16z / 20z	12z / 16z / 20z	12z / 16z / 20z	12z / 16z / 20z	12z / 16z / 20z	12z / 16z / 20z	12z / 16z / 20z	12z / 16z / 20z	12z / 16z / 20z
Skim Milk	100/120/160	0	0	0	14 / 17 / 23	0	14 / 17 / 23	9 / 12 / 15	5 / 5 / 10	120/150/190
Whole Milk	180/200/280	9 / 11 / 15	5 / 6 / 9	0	14 / 16 / 22	0	14 / 16 / 22	9 / 10 / 14	30 / 35 / 45	125/140/200
Almond Milk	70 / 90 / 110	3 / 3.5 / 4.5	0	0	10 / 12 / 15	0	8 / 10 / 13	1 / 1 / 2	0	190/230/300
Oat Milk	190/230/300	11 / 13 / 17	1 / 1.5 / 2	0	21 / 26 / 34	0	8 / 10 / 13	1 / 1 / 2	0	125/150/200
Soy Milk	120/140/190	5 / 6 / 8	0.5 / 0.5 / 1	0	10 / 12 / 15	0	7 / 9 / 11	8 / 10 / 13	0	140/170/230
Cold Foam (Add)	100	9	7	0	1	0	1	0	30	0
Whipped Cream (Add)	90	6	3	0	6	0	3	0	25	0

GC-Gluten Conscious

Corner Bakery Cafe-valid through Aug 1, 2025

GC* - GC, prepared in a facility that may contain gluten

V-Vegetarian

VG-Vegan

Corner Bakery Cafe's nutritional information is derived from data provided by our suppliers and computer analysis of recipes using Genesis Foods nutrition analysis program from Trustwell. The nutrition information is based on standard product formulations and serving sizes. Corner Bakery Cafe attempts to provide nutrition and ingredient information regarding its products that is as complete as possible. There may be variations in nutritional content across servings, based on variations in overall size and quantities of ingredients, sources of supply, regional and seasonal differences that may affect nutritional values for each product, and based on special ordering of menu items. In addition, product formulations may change periodically. You should expect some variation in the nutrient content of menu items purchased in our restaurants. Nutritional analysis for fountain beverages is based on standardized ice fill and fluid levels. Some menu items may not be available at all restaurants; test products, test formulations or regional items may not be included. As many of our products are prepared by hand, serving sizes may vary. Additionally, no products are certified as vegan or gluten free. We make every effort to ensure your meal All nutrition information is based on average values for ingredients and is rounded in accordance with current U.S. FDA NLEA regulations. This listing is continuously updated in an attempt to reflect the current status of our products. This information is correct as of April 22, 2025 unless stated otherwise.